Early marriage: Is it right?

Dear editor

According to the literature aged women may have the decreased rate of fertility and increased rate of miscarriage. IVF success rate, the number of retrieved oocytes and embryos and egg quality are reduced, but early marriage can have different consequences. Teen age pregnancy is more prone to anemia, increased rate of intra uterine growth retardation, preterm labor and infant mortality (1, 2). Teenagers usually are still growing and developing and thus have greater caloric requirements than older women.

Another disadvantage of early marriage and pregnancy (under the age 20) is that the women are not well alert and socially responsible, so they could have difficulty in care of their children. Most of early marriages have a lot of preconceptional problems and may conduct to dangerous consequences.

Another problem in early marriage is unawareness of the couples about contraception (3) and also very young married couples are not motivated to use barrier methods of contraception. The other problem in teenage marriage is undesirable sequel of some contraception methods including menstrual irregularity and bone loss with the use of long acting inject methods of contraception (4). Another difficulty of early marriage is the coping of the couple with social and financial problems of living together which may lead to more contacts between spouses and even a higher rate of divorce.

As a conclusion early marriage is not generally advisable to all populations.

Regards

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References